

Critically reflecting our practice - do we really have our client's best interest in mind?

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The goal of the workshop is to highlight critical areas in career practice, especially related to CMS, which are potentially harmful and which are not promoting client's autonomy and best interests. Furthermore, it aims to equip career practitioners with tools to critically assess their practice in order to achieve well-being of people they work with.

Programme outline:

1. Theoretical input and case studies. *Presentation, group exercises, group discussion*

The first part of the workshop will explain the essence of critical reflection in career guidance and introduce key approaches and models we can use in our daily practice. Several case studies will be presented to demonstrate both beneficial and harmful impacts in case critical reflection is present/missing in our daily practice.

2. Analysing the structural level. *Individual work & group discussion*

In the second part of the workshop participants will analyse their service model (structures, standards, norms and procedures influencing service delivery in their organization). They will also look into political and funding spheres and examine their influence on their career practice (what is mainstream policy in the field of work and unemployment, where does funding come from and what kind of results is it linked to ...).

3. Personal level & self-reflection. *Individual work & group discussion*

Career practitioner is the ultimate tool in career guidance. He/she has to understand him/herself before he/she is able to give space to others (clients). Therefore the third and last part of the workshop will be dedicated to challenging our own stereotypes, taken for granted assumptions, beliefs and values. Participants will explore their motivation and expectations (related to practice) and uncover the way these were influenced by their socialisation and upbringing.

15 participants

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