



# NICE Foundation Newsletter

December 2025

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## A MESSAGE FROM THE CHAIR

Dear NICE community, I hope you are all well.

I wanted to take the opportunity to thank you for your ongoing support for NICE. You are the community that is at the heart of the purpose and remit of the NICE Foundation and it is you, your work and your clients that we aim to serve. We have a unique history and remit and seek to ensure that all careers practitioners receive the best initial training and ongoing development opportunities to reflect the challenges we and those we work with experience.

At our latest academy (more on this below) in Valletta, Malta, we were able to announce the new NICE Board members, elected through ballot during 2025. Below are the names of the new board with an indication of their role and responsibilities, although these may vary throughout the year.

Anne Chant – Chair of the board

Teresa Sgaramella – Director of Communications

Laurent Sovet - Treasurer

Filiz Keser Aschenberger – Ethics and Governance

Jan Woldendorp – Dep Treasurer and Chamber of Commerce management

Dione Mifsud – Co-director curriculum

Rebeca Garcia Murias- Co-director curriculum

Yvor Broer - Website management and communications

I would like to also thank those who have left the board but remain important and valued members of the NICE community, including Lea Ferrari, Emma Harrison and Cristina Ginevra. Thank you all for your support, hard work and friendship.

You will see all our board members' biographical details and areas of expertise on our [website](#). I am personally immensely grateful to each and every one of them for offering their time, hard work and dedication to NICE, its work and future.

Many of you will have met some of us in person at the wonderful academy in Valletta, Malta, in September this year. We were delighted to dedicate this event to the work and memory of our dear friend and colleague Prof. Ronald Sultana. His work and heart were referred to and recognised throughout the four days. What a privilege it was to also work alongside the National Skills Council of Malta and to learn about their amazing work, witness the great impact they are having on the people and workplaces of Malta and their contributions beyond this beautiful island. We learned so much about the impact of technology on the working world and upon the work of career practitioners across Europe, and also importantly the place of small communities within that context, and what they contribute both fiscally and in terms of human flourishing. Thank you to all of our keynote speakers, seminar and workshop leaders, organisers, caterers and technicians.

You may also have witnessed, at the end of our Maltese academy, the handing over the baton to our next academy in 2026. This will be hosted by the University of Athens in the centre of this iconic city. The theme will be 'Green guidance; interpretation and implications'. The dates to add to your diaries are 16 th to 19 th September 2026. You can find a fuller explanation of this theme and a list of the organising committee in Athens on our website. We will be adding keynote speakers as soon as they are confirmed and we aim to open for a call for abstract submissions and for registrations early in 2026.

Although our academies continue to be the flagships of our calendar please also remember that we also provide a number of webinars each year and of course this brilliant newsletter that Prof Teresa Sgaramella compiles and which keep us all updated and informed about NICE but importantly also about important projects and other work that is going on in our sector.

Please note that our webinars are not charged but we appreciate a donation to cover our costs.

Finally, may I wish you all, on behalf of all of the members of the board of the NICE Foundation, a joyful Christmas and peaceful and successful New Year. We hope to see you in 2026.

Dr. Anne Chant  
Chair of the board of the NICE Foundation

## NICE LIFE

### WRAPPING UP: NICE Academy 2025, Malta

***Career Guidance for Sustainable Futures:  
Communities, Boundaries and Transitions***

***La Valletta, Malta  
September 10th -13th, 2025***



For more information on the proceedings; keynote speakers and the contents of the Malta academy, click [here](#)

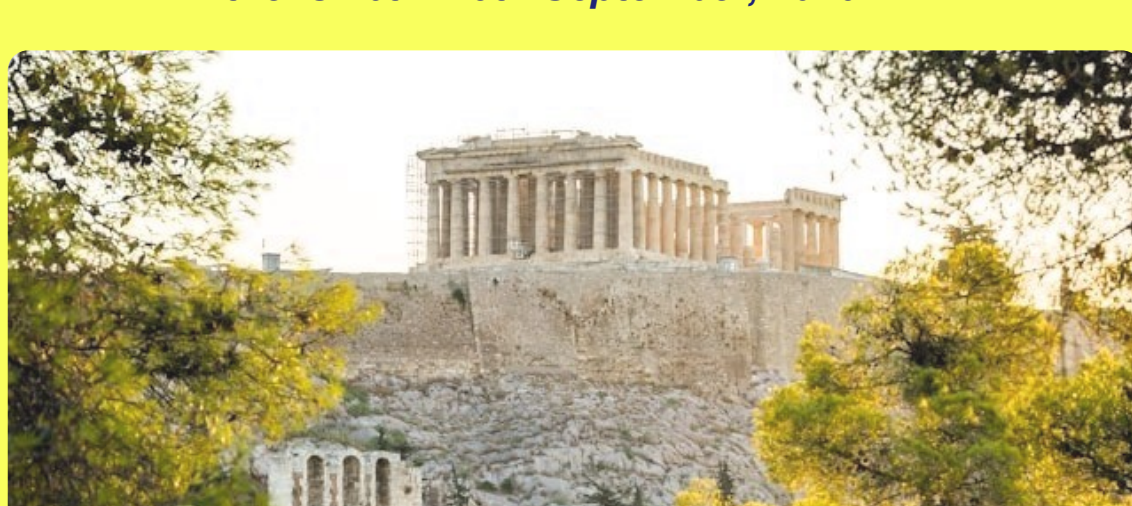
### Some vivid memories from Malta



### UPCOMING: NICE Academy 2026

***Green Guidance: Interpretations and Implications***

***Athens 16th -19th September, 2026***



**Don't miss out on this unique opportunity to connect, learn, and grow.  
The registration portal, schedule for keynotes, presentations,  
workshops, and networking activities  
will be published on our website soon.**

**Click [here](#) for more information**

**Stay tuned and check back in the coming days for all the details!**

Friday December 12 at 3:00 pm CET

**WEBINAR: by *Dr. Nurten Karacan Özdemir***



## ***Empowering Career Counseling Practices with Responsible Generative AI***

## Target Audience

The workshop emphasizes meaningful AI integration that enhances practice while safeguarding the human-centered foundation of the counseling relationship.

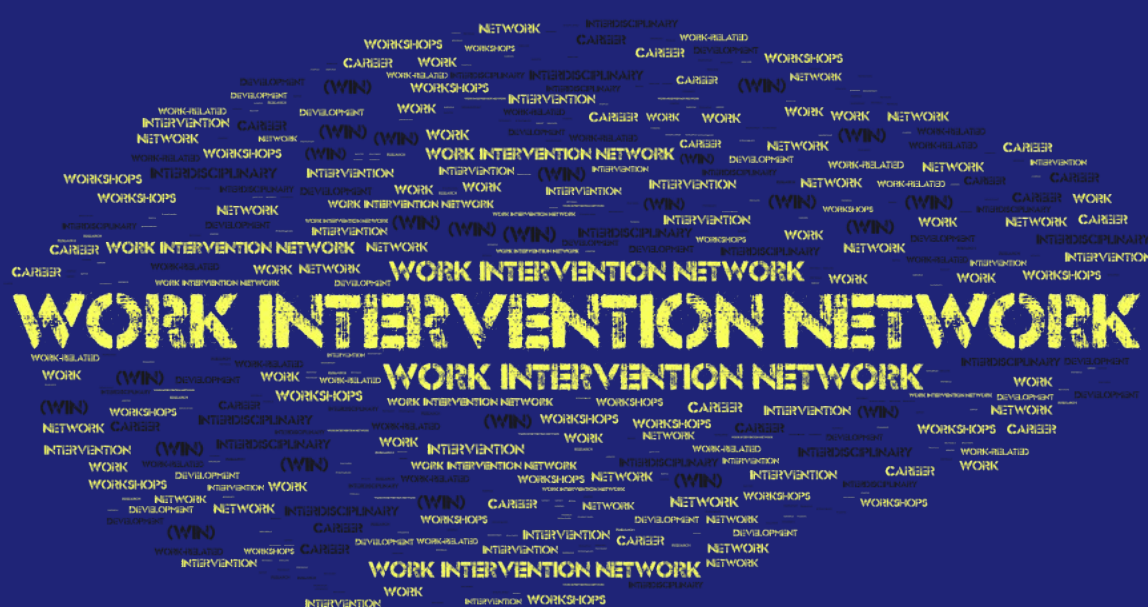
- o Career counselors
- o Guidance practitioners
- o School psychologists
- o Youth workers
- o Educators
- o Employment support professionals

***After you register,  
the webinar link and  
further details  
will be shared with you.***

She teaches undergraduate and graduate level courses in career counseling and has published widely, including journal articles and book chapters. She also holds leadership, coordination, and research roles in multiple national and international projects.



# WIN



## PROJECT INFORMATION

**mazurab@bc.edu**

**Program Period:** 2020–Present

[Click here for the project's website](#)



## Partners

- World Education: A Division of JSI
- Career Counselors Consortium Northeast
- Network of Jewish Human Service Agencies; Paramus, NJ
- JEVS Human Services, Philadelphia, PA
- Virginia Career Works, Richmond, VA
- University of Houston
- University of Wisconsin–Milwaukee
- Tel Aviv University
- University of Coimbra
- Boston University
- University of Massachusetts–Amherst, VA Medical Center (Bedford)
- University of Wisconsin–



“Some of our career counseling clients had stopped attending individual appointments because they were struggling with issues of self-blame and feelings of rejection related to a job search or long-term unemployment. The WIN small group sessions provided an opportunity to re-engage in the job search process in a different way: one that acknowledged the emotional impact of job loss that most people feel but are reluctant to discuss with family or friends.”

## OBJECTIVES

## The WIN Program

- Provide holistic, evidence-based support for jobseekers.
- Foster emotional resilience, self-care, and social belonging.
- Reduce shame and self-blame associated with unemployment.
- Encourage agency, hope, and proactive engagement with the job market.

Built on the Psychology of Working Theory (PWT) and Relational Theories of Working, WIN promotes a human-centered, social justice-oriented perspective that connects

**Click here for more**

## PROJECT OUTPUTS

The WIN intervention consists of six group workshop sessions organized around four

- **Deepening and Sustaining Connections:** Building social support networks and combating isolation.
- **Fostering Social Awareness and Reducing Self-Blame:** Understanding systemic barriers and countering stigma.
- **Building Emotional Resilience and Self-Care:** Managing stress and promoting well-being through mindfulness and coping strategies.
- **Planning, Exploring, and Engaging in the Job Search:** Enhancing career agency, goal clarity, and job-search

Delivered online by trained facilitators, the workshops combine psychoeducation,

The **WIN Manual** and facilitator training are available free of charge under a Creative Commons license, enabling

**Click Here to request**

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- Work Intervention Network Manual (Boston College, 2020)
- Facilitator Training Workshops (on request)
- Evaluation Study: An Integrative Intervention for

**Scan the QR code  
to access**

## AVAILABLE LANGUAGES:

- English

[Click here to access Training Materials](#)

Original Article



### An Evaluation of an Integrative Intervention for Work and Mental Health: The WIN Program

David L. Blustein<sup>1</sup>, Blake Allan<sup>2</sup>, Amy Mazur<sup>3</sup>, Ofer Sharone<sup>4</sup>, Kelsey Autin<sup>5</sup>, Rachel Gali Cinamon<sup>6</sup>, Joaquim A. Ferreira<sup>7</sup>, Saliha Kozan<sup>8</sup>, Camille Smith<sup>9</sup>, Brian Stevenson<sup>9</sup>, and Mindi Thompson<sup>10</sup>



[FAQs](#)

## NetWorking Opportunities

*Stay informed on the news and get inspired!*

*Explore two important EU resources:*

[Click for: EU Official Journal for latest EU decisions](#)

[Click for: Erasmus+ Guide: updates in funding, mobility, opportunities](#)

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